

SVITLANA PASHKO

BIOGRAPHY

A multiverse dance professional with 25 years of performing, teaching, choreographing and event management experience. Her approach is influenced by a combination of different schools and practices, including: authentic movement technique, axis syllabus system, ideokinesis, release technique, body-mind centring, hatha yoga, acro-yoga, Laban movement analysis, aerial silks, alfa- gravity and Butoh dance. She is currently the co-founder and teacher of the Metamotion group: an ongoing exploration of the human experience in the BodyMindSoul through various practices including dance, contemplation, martial arts, and gigong.

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