



# DANIEL DRAGO

## BIOGRAPHY

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An eclectic creative coach working as a music producer, filmmaker and performer. An artist and author, passionate about exploring and empowering the human potential. Daniel creates visual poetry, dance, experimental films and releases music with the CosmicLeaf label (under the pseudonym of Kadmon Drago). Co-founder and teacher at Metamotion: an ongoing, ever-growing exploration of the human experience as BodyMindSoul, inspired and influenced over the years by multiple practices including various dance forms, contact improvisation, martial arts, qigong, ideokinesis, and others; cultivating the Art of Free Flow and non-resistance as a way of knowing yourself, and living from the heart.

## CONNECT WITH ME

 My Music

 My Spotify

 My Instagram

 My Youtube

 My Facebook